DO THE RIGHT THING

The 4Rs that we are concentrating on for PBIS for the school year defined in the CMS way and how we are teaching our students some core principles while working for the betterment of the whole child,

**RESILIENT: CHOOSING TO BE STRONG ENOUGH TO RECOVER FROM DIFFICULT SITUATIONS** – one student commented that it’s “being able to roll with the punches and not let life get to you”, another student commented “it’s when you hit the bottom [emotionally, academically, and mentally] and the only way you can go is up.” Being resilient will help a student overcome whatever situation they are dealing with in a positive manner. When we focus on lifting and bringing someone up then we choose life, when you choose life you choose to constantly strive to meet the challenges in front of you. Being resilient helps a person know that even when they get knocked down, they get up again. How do you teach your child to be resilient? (CHOOSING STRENGTH)

**RESOURCEFUL: CHOOSING HEALTHY WAYS TO OVERCOME DIFFICULTIES WITH WHAT YOU HAVE** – one student commented “It’s knowing how to Google” followed by another student staying, “no it’s not, it’s how you YouTube”, while another student commented, “It’s knowing how to ask for help if you can’t figure it out.” All of these students are correct in their own way, what we are teaching is you are your greatest resource, your mind and putting it to work rather than always asking questions, or saying but I don’t know, and constantly expecting the teacher or parents to answer the question(s) for them. Being resourceful is one of the first steps to independence and accepting responsibility. How do you teach your children to be resourceful? (CHOOSING OPPORTUNITY).

**RESPONSIBLE: CHOOSING TO CONTROL YOURSELF AND COMPLETING YOUR ASSIGNMENTS** – so far this semester, teaching students to be responsible for themselves has been a task. What I find in classes is they like to place blame on others as to why they did not do what they were supposed to do whether it’s in an academic setting or social/relational setting. It’s always someone else’s fault. In classes we constantly stress that “if you do it or say it, you own it.” Sometimes we see students showing what it is to be responsible, sometimes it is with an “I am sorry” or a “yes, it was me”. These type of admissions and owning creates the belief in one’s self that they matter and so does what they do. How do you teach responsibility to your child? (CHOOSING PEACE)

**RESPECTFUL: CHOOSING TO FOLLOW THE RULES OF THE PERSON WHOSE SPACE YOU ARE WITHIN** – Time after time we go over what it is to be respectful and what respect means. What it means to them personally and in class socially. Over and over we tell them what it is to respect someone else’s space, and we model what it is to respect another. Personally, I use yes ma’am and yes sir when responding to me students, it’s showing them that they matter, so they can then show other’s they matter. One of the key points that I have been teaching is this, “a person must hold themselves in high regard and respect themselves first before they can truly respect another.” Some of our students cannot fathom what it is to have respect much less show respect. Others have been taught from birth it seems that respect is something you give another person to let them know they matter. How do you teach respect to your child? (CHOOSING CONTROL)

Do the right thing because it is the right thing and knowing it is not always the easiest thing, but it is the right thing. DO THE RIGHT THING BECAUSE IT IS THE RIGHT THING.